



SEPTEMBER 2020

Blount County Schools

Offered Daily as Part of a Meal:
1% Low-Fat Milk / Non-Fat Flavored Milk

Monday

Tuesday

Wednesday

Thursday

Friday

PBJ* or Ham Sandwich **1**
Beef & Bean Burrito
Lettuce / Tomato
Salsa / Sour Cream
Pinto Beans
Fruit

PBJ* or Ham Sandwich **2**
Chicken Tenders
French Fries
Green Beans
Warm Roll
Fruit

PBJ* or Ham Sandwich **3**
Pepperoni Pizza
Cheese Pizza
Carrots w/ Ranch
Corn
Fruit

PBJ* or Ham Sandwich **4**
Cheeseburger
Lettuce / Tomato
French Fries
Fruit
Ice Cream Cup

PBJ* or Ham Sandwich **8**
Chicken Nachos
Lettuce / Tomato
Salsa / Sour Cream
Pinto Beans
Fruit

PBJ* or Ham Sandwich **9**
Corn dog
Tater Tots
Coleslaw
Fruit

PBJ* or Ham Sandwich **10**
Pepperoni Pizza
Cheese Pizza
Carrots w/ Ranch
Corn
Fruit

PBJ* or Ham Sandwich **11**
Chicken Sandwich
Lettuce / Tomato
French Fries & Green Beans
Fruit
Ice Cream Cup

PBJ* or Ham Sandwich **15**
Chicken Quesadilla
Lettuce / Tomato
Salsa / Sour Cream
Chili Beans
Fruit

PBJ* or Ham Sandwich **16**
Crispitos
Potato Wedges
Lettuce, Salsa & Sour Cream
Fruit

PBJ* or Ham Sandwich **17**
Pepperoni Pizza
Cheese Pizza
Carrots w/ Ranch
Corn
Fruit

PBJ* or Ham Sandwich **18**
BBQ Sandwich
Fries / Baked Beans
Fruit
Ice Cream Cup

PBJ* or Ham Sandwich **22**
Chicken Nachos
Lettuce / Tomato
Salsa / Sour Cream
Pinto Beans
Fruit

PBJ* or Ham Sandwich **23**
Chicken Tenders
French Fries
Green Beans
Warm Roll
Fruit

PBJ* or Ham Sandwich **24**
Pepperoni Pizza
Cheese Pizza
Carrots w/ Ranch
Corn
Fruit

PBJ* or Ham Sandwich **25**
Cheeseburger
Lettuce / Tomato
French Fries
Fruit
Ice Cream Cup

PBJ* or Ham Sandwich **29**
Crispitos
Lettuce / Tomato
Salsa / Sour Cream
Pinto Beans
Fruit

PBJ* or Ham Sandwich **30**
BBQ Sandwich
Tater Tots
Coleslaw
Fruit

Various Grab and Go Options may also be offered at each location. *PBJ is peanut-free.

Grab and Go Options may include: Deli Sandwich / Salad / Yogurt Parfaits.

Not all options available every day at every cafeteria.

Menu Subject to Change.



