



SEPTEMBER 2019

Blount County Schools

Offered Daily: 1% Low-fat Milk
Non-Fat Flavored Milk, Cereal with Toast, Juice
Offer vs Serve Requirement: Student must select 1 serving of Fruit, plus 2 other items

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|
| 2 Happy Labor Day!! No School | 3 Pancakes w/Syrup or Cereal Yogurt Juice Fruit | 4 Chicken & Waffles w/Syrup Or Yogurt Smoothie Or Cereal w/Toast Juice Fruit | 5 Warm Croissant Or Cereal Colby Cheese Omelet Crispy Bacon Juice Fruit | 6 Southern Style Biscuit Sausage Gravy OR Cereal & Toast w/Jelly Juice Fruit |
| 9 Mini Chicken Honey Biscuits Or Cereal w/ Toast & Jelly Juice Chilled Fruit | 10 Mini Pancakes w/Syrup Or Cereal & Toast w/Jelly Yogurt Juice Chilled Fruit | 11 Glazed Cinnamon Roll OR Yogurt Smoothie Or Cereal Smokey Sausage Links Juice Chilled Fruit | 12 Breakfast Pizza Or Cereal & Toast w/Jelly Chilled Fruit Juice | 13 Southern Sausage Biscuit OR Cereal w/ Sausage Juice & Chilled Fruit |
| 16 Teacher Work Day No School | 17 French Toast w/ Syrup OR Cereal Yogurt Chilled Fruit Juice | 18 Southern Sausage Biscuit OR Yogurt Smoothie Or Cereal w/ Sausage Juice Chilled Fruit | 19 Fruit Filled Pastry OR Cream Cheese & Jelly Bagel OR Cereal w/Toast & Jelly Juice & Fresh Fruit | 20 Steak Mini Biscuit Toppers Cereal w/Toast Juice Fruit |
| 23 Chicken Biscuit Biscuit Toppers OR Cereal w/Crispy Chicken Juice Chilled Fruit | 24 Glazed Cinnamon Roll OR Cereal Smokey Sausage Links Juice Chilled Fruit | 25 Scrambled Eggs Ham Cereal Or Yogurt Smoothie Toast w/Jelly Juice Fruit | 26 Sausage Breakfast Bagel Or Cereal & Toast w/Jelly Chilled Fruit Juice | 27 Southern Style Biscuit Sausage Gravy OR Cereal & Toast w/Jelly Juice Fruit |
| 30 Breakfast Pizza Or Cereal & Toast w/Jelly Chilled Fruit Juice | <div data-bbox="558 1247 1413 1406" data-label="Text"> <p>Visit: www.blountboe.net for a link to complete your child's FREE & REDUCED Lunch Application ONLINE from the privacy of your home. Paper Applications also available at each school.</p> </div> | | | |



Menu Subject to Change;
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