



NOVEMBER 2018

Blount County Schools

Offered Daily as Part of a Meal: 1% Low-fat Milk

Non-Fat Flavored Milk

Offer vs Serve Requirement: Student must select 1 serving of Fruit or Vegetable, plus 2 other items

Monday

Various Cold and Grab-n-Go Style Entrée Options Also Offered Daily. Not all options available every day at every cafeteria. Menu Subject to Change.

- Popcorn Chicken
- Mini Biscuit
- Creamy Mashed Potatoes
- Country Gravy
- Savory Green Beans
- Frozen Fruit Slushie

Happy Veterans Day

- Hot Dog or Chili Dog
- Tater Tots
- Baked Beans
- Chilled Fruit

- Crispy Chicken Tenders
- Fresh Baked Roll
- Creamy Mashed Potatoes
- Country Gravy
- Savory Green Beans
- Chilled Fruit

Tuesday



- Corndog
- Smokey Black Eyed Peas
- Assorted Chips
- Creamy Coleslaw
- Fresh Fruit

- Taco Soup
- Corn Chips & Salsa
- Shredded Cheddar & Sour Cream
- Garden Salad w/Creamy Ranch
- Frozen Fruit Slushie

- Spaghetti w/Meat Sauce
- Buttery Garlic Breadstick
- Garden Salad
- Creamy Ranch
- Baby Carrots
- Chilled Fruit

- Creamy Chicken Alfredo
- Buttery Garlic Breadstick
- Broccoli & Cheese
- Tuscan Salad
- Frozen Fruit Slushie

Wednesday

- Chicken Parmesan
- Buttery Garlic Breadstick
- Italian Veggies
- Tuscan Salad
- Fresh Fruit

- Oven Roasted Chicken
- Fresh Baked Roll
- Creamy Mashed Potatoes
- Country Gravy
- Glazed Carrots
- Chilled Fruit

- BBQ Nachos
- Shredded Lettuce/Tomato
- Cheesy Refried Beans
- Salsa & Sour Cream
- Fresh Fruit

Thursday

- Fiesta Pizza or French Bread Pepperoni Pizza
- Garden Salad
- Creamy Ranch
- Corn
- Chilled Fruit

- Chicken Fajita Nachos
- Cheesy Refried Beans
- Shredded Lettuce
- Salsa
- Chilled Fruit

- Italian Dunkers W/ Marinara Sauce
- Italian Veggies
- Tuscan Salad
- Fresh Fruit

- Chicken & Sausage Jambalaya
- Over Rice
- Corn on the Cob
- Garden Salad w/Ranch
- Fresh Fruit

Friday

- Grilled Chicken Club
- Assorted Chips
- Ranch Broccoli Salad
- Baked Beans
- Sandwich Fixings
- Fresh Fruit & Chocolate Pudding

- Bacon Cheeseburger
- Sweet Potato Fries
- Sandwich Fixings
- Baked Beans
- Strawberry Fruit Jell-O

- Crispy Chicken Sandwich
- Seasoned Potato Wedges
- Sandwich Fixings
- Baked Beans
- Chilled Fruit
- Ice Cream Cup

- Homemade Pizza
- Garden Salad
- Creamy Ranch
- California Veggies
- Chilled Fruit
- Fresh Baked Cookie

Thanksgiving Holiday

A traditional Thanksgiving Holiday meal will be served at each cafeteria. Please check with your child's school to find out which day they will be celebrating.

Thanksgiving Holiday Menu: Roasted Turkey & Homemade Cornbread Dressing with Gravy, Sweet Potato Casserole, Green Beans, Fresh Baked Rolls, Cranberry Sauce, Fruit and Dessert.



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